

## GOSPEL REFLECTION FOR THE 13<sup>th</sup> SUNDAY IN ORDINARY TIME

### Do Something Simple

So how do we best succeed in being people of God in the world? Jesus' advice is "Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up his cross and follow after me is not worthy of me." Surely this advice is too hard to follow. Does Jesus expect us to abandon our parents our children and our families in favour of a Christian crusade? On closer inspection this is not quite what Jesus may have meant. The advice in today's gospel is that Jesus should come first, and that no worldly matters should get in the way of God. No love should be greater than the love we have for God. What is the point of becoming obsessed with houses, cars, university results and the best pension deals if we are only to lose our physical lives at the end of the day anyway? The Word of God we are told, will last for eternity. It's not difficult to know where our priorities should lie and yet it is still easier said than done. We are part of the physical world after all, and transcending physical comforts is a tall order. It seems altogether too difficult, and yet would Jesus really ask something of us if we weren't capable of giving it? The tendency in today's world is to notice and reward the grand gestures. While discipleship certainly includes such great acts as laying down one's life for Christ, it also includes such everyday simple acts as hospitality and charity. Jesus was surely an expert psychologist when he said "And whoever gives only a cup of cold water to one of these little ones to drink because the little one is a disciple - amen, I say to you, he will surely not lose his reward." It's with relief that we learn that God asks no more of us than we are individually capable of. We are all capable of doing something, however simple. Do something simple for God today.

### Saint Thomas the Apostle - 3rd July

Saint Thomas is best remembered for being absent from the Upper Room the first time Jesus appeared to his disciples after the Resurrection. We will remember Thomas for his nagging doubts and his insistence for physical proof. In all, Thomas has provided wonderful opportunities for Christ to teach us important and eternal truths. "Cast away all disquieting doubts and learn to triumph over old weaknesses as St Thomas did, who by his ignorance hath instructed the ignorant, and by his incredulity hath served for the faith of all ages."

**Bitesize** - 'Character is what emerges from all the little things you were too busy to do yesterday, but did anyway.' ~Mignon McLaughlin



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

**Permanent Deacons:** Revs Martin Sanderson & Richard Jones  
([deaconrick@sacredheartdereham.org.uk](mailto:deaconrick@sacredheartdereham.org.uk))

**Parish Music team:** Judy Reid, Kathleen Edmunds & Paul McIntee.

**Parish Safeguarding Representatives:** Paul McIntee

## Sacred Heart & St Margaret Mary



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### Sunday 28<sup>th</sup> June 2026 – Saints Peter and Paul

[Sundays Year A, 13<sup>th</sup> Week of the Year, Weekdays Year II, Psalter Week 1]

#### MASSES in the PARISH

<b>Saturday 27<sup>th</sup> June</b>	<b>Feria</b>	
11.30 NUPTUAL MASS		Wedding of Alex Holley & Lia Simpson
18.00 MASS		For the People of the Parish
<b>Sunday 28<sup>th</sup> June</b>	<b>SS PETER &amp; PAUL (SOLEMNITY) (Holy Day of Obligation)</b>	
09.00 MASS		John Perkins + (CP)
11.00 MASS <i>Live streamed</i>		Clara Robertha McCarthy (Thanksgiving) (GM)
<b>Monday 29<sup>th</sup> June</b>	<b>Feria</b>	
- No Mass		
<b>Tuesday 30<sup>th</sup> June</b>	<b>Feria</b>	
10.00 MASS		Anisha Cyriac ++ (CC)
<b>Wednesday 1<sup>st</sup> July</b>	<b>Feria</b>	
10.00 MASS		Lilian Carter + (Fdn)
<b>Thursday 2<sup>nd</sup> July</b>	<b>Feria</b>	
10.00 MASS		Sidney Carter + (Fdn)
<b>Friday 3<sup>rd</sup> July</b>	<b>ST THOMAS (Feast)</b>	
- No Mass		
<b>Saturday 3<sup>rd</sup> July</b>	<b>Feria</b>	
18.00 <i>First MASS of Sunday</i>		
<b>Sunday 4<sup>th</sup> July</b>	<b>14<sup>th</sup> Sunday in Ordinary Time</b>	
09.00 MASS		For the People of the Parish
11.00 MASS <i>Live streamed</i>		Antony Pulikanpurath + (HA)

**SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30**  
**EXPOSITION & BENEDICTION: Thursday after Mass**

*Rosary & Morning Prayer are said weekdays before Mass from 09:15.*

*Please note the 18.00 and 11.00 weekend Masses are normally sung.*

*For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.*

The parish newsletter is available on the parish website from Friday each week.

**Anniversaries this week:** Fernando Sentiero, Anthony Joseph O'Connor, Richard Downing, Elizabeth Mary Sharp, Leslie Neve. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Derek Williams, Patsy Gray, William Dunne, Pauline Buckland, Katherine Vella, Frank Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Anne Sibley, Hillary Bushell, Ann Williams, Matthew Williams, Ken Wood, Frank Crawley, John Salmon.

**Money Matters:** Offerings for the week was as follows:  
Plate Collection 21<sup>st</sup> June 2026: £297.07.  
Second Collection 21 Jun 26 for Bishops' Conference Life Charities: £107.50.

This Sunday 28<sup>th</sup> June will be a Second Collection for Peter's Pence.

**Bank Details.** Our new banking details are: The Sacred Heart Church, S/C 52-41-29, A/C 44725132. The change-over occurred 1<sup>st</sup> April 2026. When amending your Standing Order details please use **Offertory** as the only entry in the **Reference** box. Please only use **Stipend** or **Donation** for payments that are extra to your regular offering. Any queries please send to [treasurer@sacredheartdereham.org.uk](mailto:treasurer@sacredheartdereham.org.uk). If a tax payer, please consider Gift Aid (forms at back of church, or contact Rex Baker: Telephone 01362 694801 or email [rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com)). This will help to maximize donations.

**Upcoming Parish events:**

<b>Diary for week Sunday 28<sup>th</sup> June - Saturday 4<sup>th</sup> July 2026</b>	
Sunday: 1100	<b>Childrens' Liturgy</b>
Monday: 1900 - 2030	<b>AA Group Meeting - Emmaus Room</b>
<b>Parish Garden Club</b> – To volunteer, please contact Sonia on 07985 521578.	

**+Mary Lloyd** - We regret to announce the sad passing of Mary Lloyd on Friday 19<sup>th</sup> June 2026. The Funeral Mass for Mary Lloyd will be held on 16 July 2026 at 1230 in the Parish. Please pray for the eternal repose of the soul of Mary, and for the consolation of her family and loved ones in their time of sorrow.

**Priestly Ordination of Dcns Anthony Reilley and Peter Ho** - 4<sup>th</sup> of July, at 1130 at the Cathedral.

**Discussion on the Encyclical Letter *Magnifica Humanitas* of Pope Leo:**  
We are warmly invited to read and reflect on the recent Encyclical Letter *Magnifica Humanitas* of Pope Leo, particularly its reflections on Artificial Intelligence and the future of humanity. This will be on 6<sup>th</sup> August at 1830 in the Emmaus Room.

**Diocesan Lourdes Pilgrimage - 21st - 28th August 2026.** Please consider coming with us on the pilgrimage to Lourdes in this special anniversary year for East Anglia. You can find more information on the diocesan website <https://www.rcdea.org.uk/lourdes-pilgrimage-21-28-august-2026/> and on the Catholic Association website: <https://www.catholicassociation.co.uk/calourdes125>  
For more information contact Deacon Huw Williams:  
e-mail: [Huw.williams@rcdea.org.uk](mailto:Huw.williams@rcdea.org.uk) Mob: 07399 163718 - please leave a message.

**March For Life on 5th September in London**

Join Bishop Peter at this year's 5th September in London. For more information: [marchforlife.co.uk](http://marchforlife.co.uk)

If you are planning on making your own way there, please contact Antonia Braithwaite who will put you in touch with the group from East Anglia: [mflcoordinator@rcdea.org.uk](mailto:mflcoordinator@rcdea.org.uk)

For those in Norwich and Ipswich a coach will leave the Cathedral of St John the Baptist at 6.30am, with a pick-up at 7.45am from St Pancras Church in Ipswich.

For enquiries re Norwich pick-up contact Helen: 07905 713407

To book a place on the coach <https://www.eventbrite.com/e/norwich-ipswich-coach-trip-to-march-for-life-uk-2026-tickets-1991053694197?aff=oddtcreator>

**Parish Pastoral Council Formation (PPC)** - We shall be forming our PPC in September 2026. In preparation, please nominate a capable candidate from within your cultural community, whom you believe possesses the commitment and spirit of service needed for this important ministry. It will require attendance of Quarterly Meetings and an Annual General Meeting. We hope to welcome fresh faces and, where possible, ensure that the various nationalities and communities in our parish are represented on the Council and have a say in the running of the Parish.

**Sporting Achievement** - Congratulations to John Richardson, who completed his 500<sup>th</sup> Park Run last Saturday. At only one per week, that's about 10 years worth of Park Runs, up and down the country. A fine example to us all.